



Lochside Primary Home Learning

Working together to make a difference and achieve success for all.

Primary 1 week **beginning** 15.2.21


### Instructions

The tasks below will provide your child with opportunities for learning whilst they are not in school. **Please share completed written activities in your jotter by photographing and uploading to Seesaw.**



### Emoji Key

Our emojis show written tasks 📖, active tasks 🏃 (e.g. games, songs, exercise etc.) and tasks which require a computer or tablet 💻.

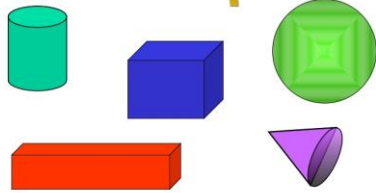
WALT- we are learning to.... 

WILF- what I'm looking for... 

		Numeracy/ Mathematics	Literacy	Health and Wellbeing	Topic/ Other Curricular Areas
Monday	Free Play	Holiday	Holiday	Holiday	Holiday

<b>Tuesday</b>	<b>Free Play</b>	<p><b>3D Shape</b> 📺 📄 🎧</p> <p><u>WALT – Identify and describe 3D shapes</u></p> <p><u>WILF – to identify cubes, cuboids, cylinders, cones and spheres around your environment.</u></p> <p><b>*New learning video will be shared on seesaw*</b></p> <p>Watch the video introducing the new 3D shapes and then have a shape hunt around your house for a variety of objects. Can you sort them into categories e.g., cubes, cuboids, cylinders, cones and spheres?</p> <p>Draw pictures of the things you find or share photographs to seesaw.</p>	<p><b>Phonics</b> 📺 🎧</p> <p><u>WALT – identify, read and write 'f'.</u></p> <p><u>WILF -</u></p> <ul style="list-style-type: none"> <li>• <u>Sing the Jolly phonics song with the actions.</u></li> <li>• <u>Find objects or words that start with the sound.</u></li> <li>• <u>Form the letter correctly</u></li> </ul> <p>*New learning video will be shared on Seesaw*</p> <p>Our new sound this week is 'f'.</p> <div style="text-align: center;">  </div> <p>Listen to the Jolly Phonics song and see if you can sing along - don't forget the actions!</p> <p><u><a href="https://www.youtube.com/watch?v=iwQZn6Udf8">Jolly Phonics "F" Sounds - YouTube</a></u>  <a href="https://www.youtube.com/watch?v=iwQZn6Udf8">https://www.youtube.com/watch?v=iwQZn6Udf8</a></p> <p>Like we do in school, try writing the sound with your magic pencil finger in the air, and you could try on the back of a family member.</p> <p>Can you make a 'f' with playdoh?</p> <p><u>Tricky Words</u>  Listen to the tricky word song again, to become familiar with them.  <a href="https://www.youtube.com/watch?v=TvMyssfAUx0">https://www.youtube.com/watch?v=TvMyssfAUx0</a></p> <p>Use your word cards to practise for 5 minutes each day.</p>	<p><b>Mindful Jar</b></p> <p><u>WALT develop strategies to help us stay calm</u></p> <p><u>WILF</u></p> <ul style="list-style-type: none"> <li>• <u>Create a mindful jar</u></li> <li>• <u>Use it to help you feel calm and be mindful of your emotions</u></li> </ul> <p><b>*New learning video will be shared on Seesaw*</b></p> <p>Watch the how to video and create your own mindful jar. This can be used to help you feel calmer when you have big feelings inside.</p> <p>Try some of these mindful breathing techniques too:</p> <p><u><a href="https://childhood101.com/fun-breathing-exercises-for-kids/">https://childhood101.com/fun-breathing-exercises-for-kids/</a></u></p> <p>Please note that it is helpful to learn new mindfulness techniques for the first time when we are already feeling calm. This means that they can be drawn upon later to help us during times when big emotions arise. Choose a quiet time of day when everyone is feeling relaxed.</p>	<p><b>Topic – Shrove Tuesday</b> 📺 📄</p> <p><u>WALT understand why we celebrate pancake day.</u></p> <p><u>WILF</u></p> <ul style="list-style-type: none"> <li>• <u>Listen to the information carefully</u></li> <li>• <u>Share which tradition you found most interesting</u></li> <li>• <u>Draw or make own your perfect pancake!</u></li> </ul> <p>Today is Shrove Tuesday, also known as Pancake Day!  With an adult read through the slides about Shrove Tuesday and why we celebrate it. Complete the assigned task on Seesaw.</p> <p>Here's a yummy pancake recipe to follow if you feel like celebrating pancake day at home today!  Smother in your favourite toppings and remember to take a photo before tucking in!  <a href="https://www.bbcgoodfood.com/recipes/easy-pancakes">https://www.bbcgoodfood.com/recipes/easy-pancakes</a></p> <div style="text-align: center;">  </div>
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## 3D shapes







[Shifting Shapes \(ictgames.com\)](http://ictgames.com)

Ask a grown up to help you play this guessing game. You can set it to 2D or 3D shapes.



**Challenge Question** – Can you find out what the day after Pancake Day is called?

Story with Miss Ritchie 📖

Wednesday	<p><b>Free Play</b></p>	<p> <u>Number</u>  <b>WALT identify numbers in everyday life.</b></p> <p>Try these ideas:</p> <p>1) Go on a number hunt around the house. How many different places can you find numbers?</p> <p>2) Choose some story books (ones from your Book Bug bags would be perfect). Look at the page numbers. Which book is the longest? Which book is the shortest?</p> <p>3) Ask an adult to think about all the different times and activities they use numbers in their everyday lives.</p> <p>4) If it is safe to do so, go for a walk. How many different numbers can you find?</p> <p><b>WILF</b></p> <ul style="list-style-type: none"> <li>• <b>Knows that numbers are all around us.</b></li> <li>• <b>Can identify numbers in at least 3 everyday places.</b></li> </ul>	<p> <u>Story Telling</u>  <b>WALT use our imaginations.</b></p> <p>Play this game with an adult or sibling. Take it in turns to choose and find 3 objects from around the house e.g. a cup, a pair of socks and a teddy. Who can tell the silliest story including all the objects?</p> <p>Alternatively, say a setting, character and an object for your partner to turn into a story e.g. shop, dragon, drum.</p> <p>Optional extra:  Draw pictures to illustrate your favourite story.</p> <p><b>WILF</b></p> <ul style="list-style-type: none"> <li>• <b>Each story includes all three objects/ words.</b></li> </ul>	<p> <u>Gym</u>  <b>WALT be creative and keep fit.</b></p> <p>Pretend to be Joe Wicks or another fitness presenter. Choose at least four different activities for your work-out.</p> <p>Some ideas:</p> <ul style="list-style-type: none"> <li>• jogging on the spot</li> <li>• star jumps (jumping jacks)</li> <li>• marching</li> <li>• side steps</li> <li>• squats</li> <li>• toe taps</li> </ul> <p><b>WILF</b></p> <ul style="list-style-type: none"> <li>• <b>At least four different actions.</b></li> <li>• <b>Can share instructions with others.</b></li> </ul>	<p> <u>Games</u>  <b>WALT follow rules.</b></p> <p>Try playing these traditional games:</p> <p>1) I Spy</p> <p>2) Noughts and Crosses</p> <p>3) Hide and Seek (This could be people or hiding a small toy for others to find.)</p> <p>4) Kims Game  Put 10 things from around the house on a tray - it could be things like a pencil, an orange, some cotton wool, a toy etc. Ask your child to look carefully at them for about thirty seconds. Then take the tray away and ask them to call out what they remember. Another way of playing the game is to cover the things, take one thing away and ask the child to spot what is missing. You could also ask them to draw what is missing.</p> <p><b>WILF</b>  <b>Good listening for instructions</b>  <b>Turn Taking</b></p>
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**Free Play**

**3D Shape** 

WALT – Identify and describe 3D shapes

WILF – to identify cubes, cuboids, cylinders, cones and spheres.

[The 3D shape song - KS1 Maths - BBC Bitesize](https://www.bbc.com/1/learning-english/primary/3d-shape-song)

1. Watch the song and complete the assigned activity on Seesaw matching shapes to their names.

2. Choose at least one of the 3D colouring sheets from the assigned activities and use the pencil tool to help you colour it in according to the key (there are some shapes we haven't really looked at yet but see if you can identify them).

**3D Shape** 

WALT – Investigate and describe 3D shapes

WILF – to identify if different 3D shapes can stack, slide or roll.

**Phonics - Geraldine Giraffe** 

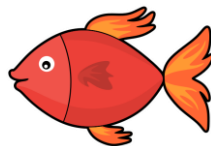
WALT – recognise the letter sound 'f'

WILF -

- Find objects that start with the 'f' sound
- Draw pictures of the objects
- Write the words under the pictures

<https://www.youtube.com/watch?v=HIKQVqtMZco>

Just like Geraldine, go on a sound hunt around your house and see which things you can find that begin with 'f'.




Draw pictures of the things that you find and try to write the word underneath, if you find this tricky ask an adult to scribe.

**CVC Words**

These words all have our sound of the week 'f' at the start. Can you sound them out?

**fit, fog, fan, for, fin**

**\*Complete assigned seesaw activity\***

**PE - Throwing and Catching** 

WALT throw with increasing accuracy. WILF

- Create 3 of your own target zones from near to far.
- Throw 5 objects towards each chosen target in turn
- Persevere to beat your own score

Create 3 targets on the floor/ground - you could use buckets, hoops, or even upside down umbrellas! Make sure you spread them out to challenge yourself. Select 5 objects for throwing at the targets such as rolled up socks or soft toys. Start with the closest and see how many you can score. Move on to the further away targets. How many can you score there? Don't give up, keep trying until you can score in the furthest target.



**Art – Self portrait**

WALT draw a detailed self portrait

WILF

- A line drawing of yourself
- Detailed drawing including hair, face, body and clothing
- Your name underneath

Draw a detailed picture of yourself wearing your favourite outfit to wear at home. Take your time to add plenty of detail such as your hair, face, body, fingers, clothes and accessories. You can draw this on paper or create an online portrait using the seesaw template provided in the activities section. Write your name neatly under your portrait. You can leave your drawing in black and white or colour very carefully using pens, pencils or crayons.

Watch this handy how to video for some top drawing tips:

<https://www.youtube.com/watch?v=5a7anGhsRQM>



Find 4 objects: a cone, sphere, cylinder and a cube. Use these to help you complete the assigned activity on Seesaw. If you can't find some of these objects watch the video to help you.



[Stack Slide or Roll 3D shapes song \(3D Shapes Version\) - YouTube](#)



## Free Play

## 3D Shape 🦿

WALT – Investigate and describe 3D shapes

WILF- sort shapes into categories.

Find a selection of at least 15 objects all different shapes. Can you sort them into categories e.g., all cubes together, shapes with curved edges, shapes that roll, shapes with straight edges, shapes that stack?

Challenge: Use the objects (or recycling junk) to create a model that can stand up on its own.

Share your sorting and models to Seesaw for us to see!

[Puzzles \(starfall.com\)](https://www.starfall.com)

Drag the 2D shapes and complete the animal shape puzzles.

## Handwriting 📄, 🖨️

WALT - form letters correctly.

WILF-

- Letters start in the correct place
- Letters are the correct shape
- Letters facing the correct way
- Letters sitting on the line

Using the link below, select our letter of the week and practise forming it correctly.

<https://www.doorwayonline.org.uk/activities/letterformation/>



Have a go at writing 'f' in your yellow jotter or on paper.

## Find it Friday – Follow the clues to find the location for your PE today 🦿

## PE - Balancing 🦿

WALT create and hold a balance

WILF

- Make an interesting shape with your body
- Hold it strong and still, for 3 seconds (elephants)
- Repeat 5 times (or more) with different balances

Send a photo or video on Seesaw to show us where you were and what you were doing.



## Feedback Friday 📄 🖨️

WALT – evaluate our week

WILF

- thoughtful and honest responses.
- write or record 3 responses

Look back over this week's learning and choose 3 things:

1. Something you really enjoyed.
2. Something you found tricky or challenging.
3. Something you want to try more of.

Write your responses in your yellow jotter or record them on Seesaw.

Enjoy your weekend and we can't wait to see you all back in school on Monday! Yippee!



Story with Mr Davidson 🖨️