

# I'm stuck Primaries 5-7

Strategies to help your child work independently and successfully.

1. Read the instructions on your daily grid again and check you have all the resources you need.



2. If you have been asked to watch a video, watch it again. You may want to write down what you are finding tricky, so you know when you find the answer.



3. Ask a member of your family.

4. Message your teacher with your question. You can do this through Seesaw or Google classroom.



5. Have a break. Go outside for a walk. Do one of your P.E challenges. Play a game.



6. Do not worry about it. We can always sort it tomorrow.

